



# NEWSLETTER

**APRIL - MAY**  
**2020**

**REDEFINING**

**KICKBOXING**

**SPORT IN INDIA**





## PRESIDENT'S LETTER



*Dear Friends,*

*As we all know, Covid 19 has blocked the world for time being. This is a testing time for all of us and our main focus is to survive it and come out of this as a fighter. But as they say, 'the show must go on' we as a WAKO India Organization kept our focus aligned.*

*We are overwhelmed to announce that we have successfully completed 'WAKO India's First National E – Tournament (Musical Forms event) 2020' in this phase. The National Musical Forms Event went on for 20 days where around 450 Athletes and 50 Officials participated from across the country and showcased their talent. This E- Tournament was an energy booster for 'WAKO India Kickboxing Federation' as we generated a lot of demand for the same kind of Events / Training.*

*Considering the social distancing and the upcoming demand, we introduced the 'National Online Coaches Training/Education Program' which was specially designed for the Senior Coaches and the Aspiring Ones. The program included the Coaches Training, Musical Forms, Warm Exercises etc. These programs are very helpful in a country like ours where the scope of the Kickboxing Sport is immense.*

*I am grateful to WAKO India Family who has supported me through out and cherish the new ideas of creating a new future.*

*Warm Regards,  
Santosh K Agrawal  
President - WAKO India*



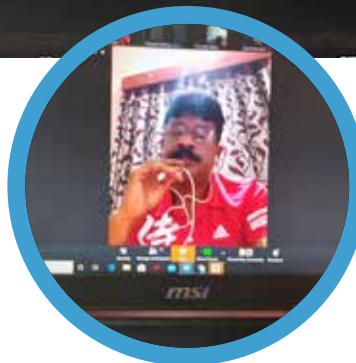
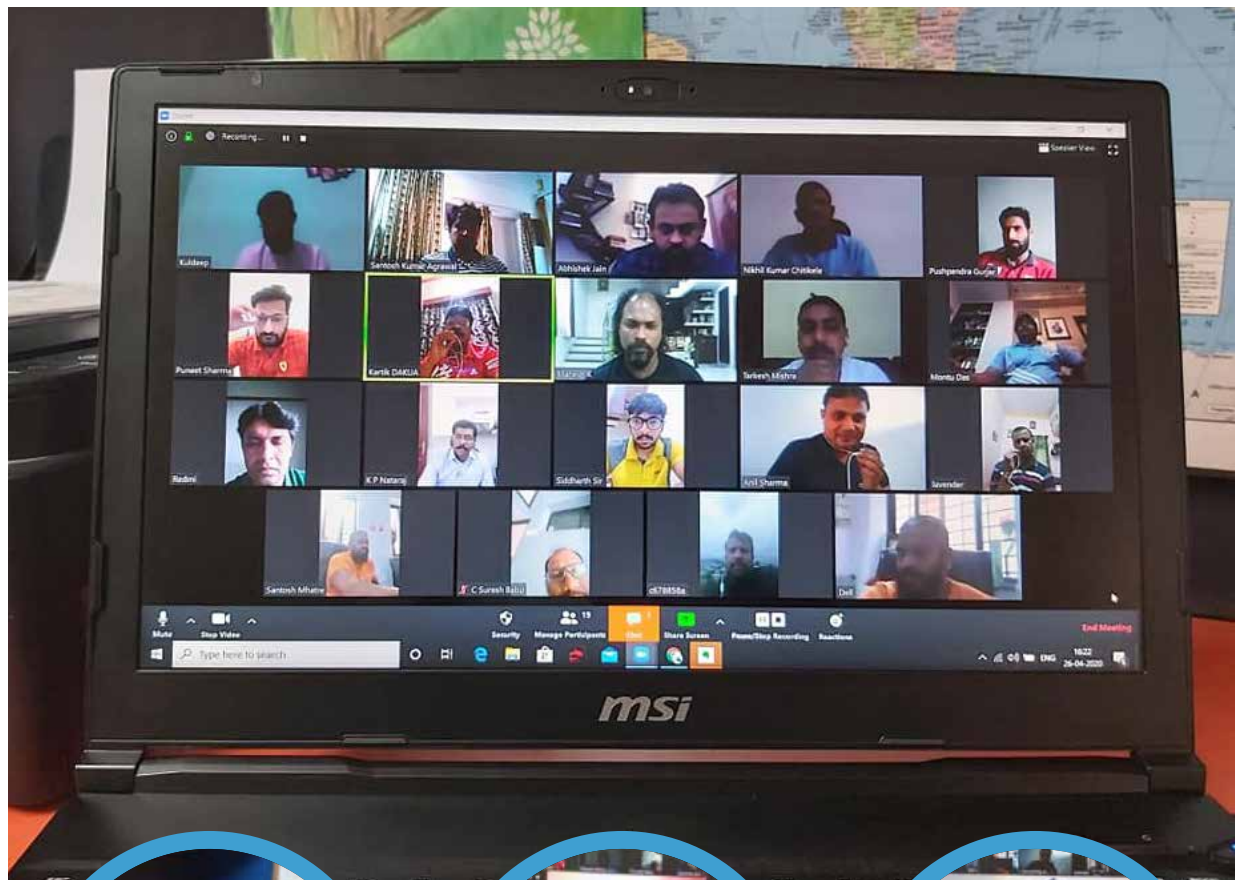


# VIRTUAL CONFERENCE ON 26TH APRIL 2020



WAKO India had organized a virtual conference on 26th April 2020 at 4pm where most of the State Presidents/ Secretaries were present and agreed to start the E-Tournament from 29th April 2020.

The parameters were discussed under which the E-Tournament had to work. The Zoom video conference was successfully concluded and each participant contributed in their own way.







## WORKOUT

President of WAKO India Mr. Santosh K. Agarawal started a Workout at Home Campaign for the Athletes to motivate them in the current circumstances of Covid. Our objective is to spread sports and health awareness in the current lockdown.

## खिलाड़ी घरों में कर रहे हैं अभ्यास

पायनियर समाचार सेवा। फरीदाबाद

कोरोना महामारी के दौरान लोकडाउन की स्थिति में एक तरफ जहां पूरा विश्व कोरोना महामारी से जूझ रहा है, वहीं दूसरी तरफ सरकार द्वारा जारी दिशा निर्देशों को ध्यान में रखते हुए एवं सुरक्षा के दृष्टिकोण से सभी खेल गतिविधि सेंटर बंद कर दिए जाने के उपरांत किकबॉक्सिंग खेल के खिलाड़ी अपने-अपने घरों में अभ्यास कर रहे हैं। ऐसा करके खिलाड़ी अपने इम्युनिटी सिस्टम को बढ़ा रहे हैं।

‘हरियाणा किकबॉक्सिंग संघ’ के संस्थापक महासचिव संतोष कुमार अग्रवाल ने बताया की किकबॉक्सिंग



के खिलाड़ी अपने-अपने घरों में अभ्यास कर रहे हैं एवं लगातार सोशल मीडिया के माध्यम से मुझसे एवं हमारे सम्बंधित प्रशिक्षकों से संपर्क बनाए हुए हैं। ‘वाको इंडिया किकबॉक्सिंग महासंघ’ के राष्ट्रीय अध्यक्ष संतोष कुमार अग्रवाल ने बताया की खिलाड़ियों के इस प्रकार घरों में अभ्यास करने से खिलाड़ी

अपना फिसिकल फिटनेस के साथ-साथ वजन मेन्टेन कर सकेंगे एवं इम्युनिटी सिस्टम को बढ़ा पाएंगे जो की कोरोना महामारी से लड़ने में काम आएगा। अभी वर्तमान में जहां कोरोना महामारी की वजह से सभी प्रशिक्षण केंद्र बंद हैं, जिले से लेकर अंतरराष्ट्रीय स्तर तक की सभी प्रतियोगिताओं को स्थगित कर दिया गया है, ऐसे समय सबसे उचित यही है की खिलाड़ी अपने - अपने घरों में रोजाना अभ्यास करें एवं उनके उत्साहवर्धन के लिए उनके अभ्यास करते हुए फोटो एवं वीडियो को किकबॉक्सिंग संघ के आधिकारिक सोशल मीडिया प्लेटफार्म पर प्रचारित एवं प्रसारित किया जा रहा है।





## FOOD DISTRIBUTION SOCIAL CAUSE

### HARYANA

WAKO India President who is also the General Secretary of Haryana Kickboxing Association took the lead to distribute around 600 food packets to the needy everyday for 40 days. Since the situation started worsening due to the Virus, he himself came out with his team and worked for the noble cause.





## BLOOD DONATION CAMP

In this severe blood scarcity, there was a 'Blood Donation Camp' organized by Mr. Santosh K Agrawal (President - WAKO India Kickboxing Federation & General Secretary- Haryana Kickboxing Association) in Faridabad, Haryana . There was a hard earned 24 units of blood collection made for the Thalassemic Patients (Children) which was followed by a Bhandara. This Camp was supported by Foundation Against Thalassemia Faridabad, Devine Charitable Blood Bank, Rotary Club Faridabad Sanskar & Haryana Kickboxing Association. Our gratitude to Shri Yashpal Yadav, IAS, Dy. Commissioner-Faridabad been present and graced the occasion.









Mr. Dharmender Kaushik from WAKO India Head Office, Mr. Ajay Saini- Coach of Haryana Kickboxing Association, Mr Laxman Kumar & Mr Rohit Singh donated the blood to the patients of the current era. We motivate people to work for the noble cause.



Mr. Ajay Saini



Mr. Dharmender Kaushik



Mr. Laxman Kumar



Mr. Rohit Singh





# WAKO INDIA EVENT CALENDAR

## NATIONAL & INTERNATIONAL CALENDAR – 2020-21





# WHITE CARD

**SOCIAL MEDIA TOOLKIT**  
**#WHITECARD CAMPAIGN 2020**  
**MARCH 30TH - APRIL 10TH**

"Behind each #WhiteCard there is a story."  
 We invite a picture raising your #WhiteCard or to share one of the following stories on social media.

Nareen's motivation is to teach kickboxing to empower girls & teach them self-defense. She believes we can delete negative stereotypes through the #WhiteCard. And you, what does the #WhiteCard mean to you? @peaceandsport #Apr16 #SDSP2020 - <http://bit.ly/2l0G1EO>

Through the #WhiteCard, symbol of peace through sport, Binne, a basketball player from DRC, shows that sport helps to 'develop friendly attitudes, break boundaries, forge closer relationships and live together as a family'. And you, what the #WhiteCard means to you? @peaceandsport #Apr16 #SDSP2020#pp://bit.ly/2l0G1EO

Use the hashtags :  
 #WhiteCard  
 #ChampionforPeace  
 #SDSP2020

More information :  
[www.Apr16.org](http://www.Apr16.org)  
[www.peace-sport.org](http://www.peace-sport.org)







# WAKO INDIA COACHES



## Sport & Eating Disorders

Eating disorders occur as an interaction between our individual congenital attributes, the people and the environment around us. Three factors in particular seem to increase the risk of eating disorders:

### • Transition From Young Athlete To Senior

As a coach you should be aware of physical as well as psychological changes related to entering puberty. This is a vulnerable time for a lot of girls.

### • Dieting

Young athletes should not be advised to lose weight. If they have a strong wish to change their bodies, you can help them get in touch with a qualified professional, for instance a nutritionist.

### • Injury Or Illness

Long periods when the athletes cannot train as they want or as planned, can create uncertainty related to energy intake and consumption.

It is possible to overcome an eating disorder with a lot of personal effort and motivation, especially if the problems are confronted early on. It is important that the youth has strong support network, and as their coach, you can play an important supportive role

## Good Advice For Coaches

- **Avoid** body related comments - whether it is about yourself or other athletes, positive or negative.
- **Teach** the athletes how the body works, rather than how it should look.
- **Take** an interest in the athlete's whole situation. School, training, family and friends should create a good balance - since many factors affect performance.
- **Discuss** and involve your athletes when it comes to goals and development planning. Teach the athletes to take responsibility for their own development.
- **Good** habits start early - teach your athletes which foods affect their training.
- **A good** team culture is important, and the athletes should help decide what kind of culture you want on the team.
- **Talk to** your athletes and build trust. This makes it easier to start a difficult conversation if this becomes necessary.
- **As a coach**, you can be the catalyst to get help if one of your athletes needs guidance about nutrition or body weight. Do not take on a role as therapist.



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# WAKO INDIA NATIONAL E-TOURNAMENT 2020



WAKO India Kickboxing Federation has successfully concluded the very First "National Online E-Tournament 2020". It was country's first Musical Form Event which was held from 29th April to 17th May 2020.

This was a challenging task since it was the First Ever Online Kickboxing Tournament where the Federation had to manage the event as well as educate the athletes and the officials who were the part of it on how to work in such kind of events.

As we all know World is under a high pressure due to Covid 19 so it wasn't easy for the team to organize all this in such circumstances. There was confusion before the commencement of this event but as they say that 'God Favors the Brave' and the Management finally decided to go for it

with all the necessary precautions considering the social distancing.

The event was open for both the males and the females and was divided into 6 categories which were -

Under 10 / Under 13/ Under 16/ Under 19/ Seniors/ Veterans.

And had 4 events option which were-

Soft Style / Hard Style / Soft Style with Weapons / Hard Style with Weapons.

The response to the participation was overwhelming where 16 clubs participated with registry of 370

## किक्बॉक्सिंग खेल का राष्ट्रीय स्तर पर होगा "इ-टूर्नामेंट"

फरीदाबाद, 28 अप्रैल, सत्यजय टाइम्स/विजय चौहान। जैसे एक तरफ पूरा विश्व कोरोना महामारी से जूझ रहा है और इससे लड़ने के उपाय ढूँढ रहा है। पूरे देश में लोकडाउन है सभी खिलाड़ी एवं प्रशिक्षक इसका बखूबी फायदा उठा रहे हैं। दूसरी तरफ 'वाको इण्डिया किक्बॉक्सिंग महासंघ' ने किक्बॉक्सिंग का ऑनलाइन 'इ टूर्नामेंट' दिनांक 29 अप्रैल से 3 मई तक करवाने का निर्णय लिया है। "वाको इण्डिया किक्बॉक्सिंग महासंघ" के राष्ट्रीय अध्यक्ष श्री संतोष कुमार अग्रवाल ने बताया कि खिलाड़ियों को सश्रित भूमिका में लाना बहुत ही आवश्यक है एवं इसके साथ साथ अपना वजन / फिटनेस / इम्प्लूमेंट सिस्टम भी मेन्टेन रखना आवश्यक है। इस हेतु किक्बॉक्सिंग महासंघ ने जर्मनी की सॉफ्टवेयर कंपनी "सफ्टवेयर" के सहयोग से किक्बॉक्सिंग खेल का ऑनलाइन "राष्ट्रीय



किक्बॉक्सिंग इ टूर्नामेंट" आयोजित करने का निर्णय लिया है। स्टे होम स्टे सेक की अवधारणा का सम्मान करते हुए तथा लोकडाउन के दौरान खिलाड़ियों को खेल से जोड़े रखने के लिए यह एक अच्छा प्रयास है। इस इ टूर्नामेंट में किक्बॉक्सिंग खेल के केवल 'म्यूजिकल फॉर्म' इवेंट को शामिल किया गया है जिसमें खिलाड़ी व्यक्तिगत रूप से अपने घर पर ही रहकर म्यूजिक की धुन पर किक्बॉक्सिंग खेल

की गतिविधि को मोबाइल या अन्य माध्यम से वीडियो बनाकर अपनी जिला एवं राज्य संघ को भेजेंगे एवं राज्य संघ द्वारा नियुक्त अधिकारी उस वीडियो को 'सफ्टवेयर' प्लेटफॉर्म पर अपलोड कर देगा, इसके उपरान्त फेडरेशन द्वारा नियुक्त प्रांतीय स्तर का फैलल अपना-अपना ऑनलाइन स्कोर खिलाड़ियों को देगे और जिसका स्कोर ज्यादा होगा वह विजेता होगा। इस पूरी प्रतियोगिता को पूरी तरह से पारदर्शिता के साथ आयोजित करने के लिए सभी राज्य संघों को निर्देश जारी कर दिया गया है एवं सभी राज्य संघों की एक ऑनलाइन मीटिंग भी की जा चुकी है। इस प्रतियोगिता को आकर्षक बनाने के लिए सभी प्रबंध कर लिए गए हैं।



म्यूजिकल फॉर्म के चार इवेंट्स

सम्मिलित किये गए हैं :

1. इ म्यूजिकल फॉर्म सॉफ्ट स्टाइल
2. इ म्यूजिकल फॉर्म सॉफ्ट स्टाइल वेपंस
3. इ म्यूजिकल फॉर्म हार्ड स्टाइल
4. इ म्यूजिकल फॉर्म हार्ड स्टाइल वेपंस

इसमें 6 आयु वर्ग निर्धारित किये गए हैं जो निम्न हैं :

- 10 वर्ष से निचे
- 13 वर्ष से निचे
- 16 वर्ष से निचे
- 19 वर्ष से निचे
- 35 वर्ष से अधिक (मास्टर्स)

इसके साथ ही इस प्रतियोगिता को पूरी तरह निःशुल्क रखा गया है। भाग लेने वाले सभी प्रतिभागियों को ऑनलाइन 'इ प्रमाण पत्र' जारी कर दिए जाएंगे।







WAKO INDIA KICKBOXING FEDERATION  
FIGHT AGAINST CORONA  
STAY HOME | STAY SAFE

# WAKO INDIA NATIONAL E-TOURNAMENT 2020

Organised by: WAKO India Kickboxing Federation  
Member of: World Association of Kickboxing Organizations (WAKO)

## MUSICAL FORM EVENT

29<sup>TH</sup> APRIL - 2<sup>ND</sup> MAY

### SIMPLE STEPS TO PARTICIPATE

1. REGISTER ON SPORTDATA
2. SHOOT YOUR VIDEO
3. SEND US

Contact Us  
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i wakoindia

ONLINE REGISTRATION  
www.sportdata.org

**FREE ENTRY**

MEDAL STATISTIC - CLUB / TEAM					
RANK	CLUB / TEAM		GOLD	SILVER	BRONZE
1	AMATEUR SPORTS KICKBOXING ASSOCIATION MH	IND	17	19	25
2	HARYANA KICKBOXING ASSOCIATION	IND	5	7	10
3	TELANGANA KICKBOXING ASSOCIATION	IND	4	3	11
4	ALL UTTAR PRADESH KICKBOXING ASSOCIATION	IND	4	2	3
5	KICKBOXING ASSOCIATION OF CHHATTISGARH	IND	4	0	1
6	AMATEUR KICKBOXING ASSOCIATION OF ODISHA	IND	3	4	8
7	GUJARAT KICKBOXING ASSOCIATION	IND	3	1	1
8	RAJASTHAN AMATEUR KICKBOXING ASSOCIATION	IND	2	0	1
9	KICKBOXING ASSOCIATION OF WEST BENGAL	IND	1	2	2
10	TRIPURA KICKBOXING ASSOCIATION	IND	0	2	0
11	KARNATAKA KICKBOXING ASSOCIATION	IND	0	1	5
12	KERALA KICKBOXING ASSOCIATION	IND	0	0	1
	AMITAAB'S INTERNATIONAL MARTIAL ARTS ACADEMY	IND	0	0	1

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players and the total number of entries was 401. WAKO India decided to encourage more participants from across the country to get involved and showcase their talent.

Team Sportdata played the key role in providing all the information online and for their continuous guidance to all the states and coordinating with them during the event. Every participant and winners were awarded with the Authentic E – Certificate from WAKO India Kickboxing Federation.

We give special thanks to WAKO (IF) Leaders who encouraged us time to time and made us think out of the box and we tried to go by the saying – “The Show Must Go On”.

Congratulations to all players and thanks to all supporters, Sportdata team, Coaches, Judges, President / Secretary of the State Association.

PR – WAKO INDIA





# WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY



## WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

1

These are elementary Courses for the WAKO India Kickboxing Federation Coaching courses. Candidate who successfully clear the Basic, Level 1 and Level 2 Coaching will be eligible to enroll for Federation Course.

2

The WAKO India Coaching Education Pathway is divided into 7 Stages:  
To move through the pathway, you must successfully complete the face-to-face and online assignments / courses at each level.

3

These courses will be delivered with interactive sessions. Online Quiz, Online assignments / Workbook to be given to candidates including practical course work.



Highlights of Training:

Kickboxing Pad Drills  
Importance of Punches  
Footwork Drills  
Technical Variations  
Core Strengthening  
Shadow Kick Boxing  
Equipments Knowledge



Coaching Program Controller

Mr Suresh Babu  
Chief Coach - WAKO India National Team



E-Mail Id: wakoindiainfo@gmail.com | Website: wakoindia.org



## WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

Highlights of Training:

(5:00 pm - 6:00 pm) 1 Hour Session

- Warm Ups (4:45 pm - 5:00 pm)
- Fitness Drills (5:00 pm - 5:10 pm)
- Footwalk Drills (5:15 pm - 5:30 pm)
- Push Kick (5:30 pm - 5:50 pm)
- Cool Down (5:50 pm - 6:00 pm)



Coaching Program Controller

Mr Suresh Babu  
Chief Coach - WAKO India National Team



Wako India National Coaches

Kartik Dakua (Odisha)  
Pinaki Chakravarty (Tripura)



E-Mail Id: wakoindiainfo@gmail.com | Website: wakoindia.org



## WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

Attention Team Coaches

Training Sessions (For 6th June):

- Warm-Ups (5:45 pm - 6:00 pm)
- Shoulder Strengthening (6:00 pm - 6:15 pm)
- Core Strengthening (6:15 pm - 6:35 pm)
- Lower Body Stretching (6:35 pm - 7:00 pm)



Time: 6 to 7 pm  
Meeting ID: 251 311 3219  
Password: KICKBOXING



Coaching Program Controller

Mr Suresh Babu  
Chief Coach - WAKO India National Team



E-Mail Id: wakoindiainfo@gmail.com | Website: wakoindia.org





## LAUNCH OF WAKO INDIA ONLINE COACHING PROGRAM



After the successful completion of the WAKO India Kickboxing E-Tournament 2020 . We are proud to inaugurate the WAKO India Online Coaching Program for the Kickboxing Sport today at 5pm. WAKO India President; Mr. Santosh K. Agrawal opened the meet where all the states representatives were present.

The idea is to promote our technical team and upgrade them in such a way that they can be a part of not only National Games but also work towards International Ventures as-well. Since the current situation doesn't allow us to be present physically. We have taken up this initiative for our federation's enhancement. All our focus is on to improve the Nation's talent.

Today In the opening, we discussed about the plan on how to execute the coaching. There will be different sessions taken by selected coaches, it will consist of Combination of Web-based modules and face-to-face interactive Courses, underpinned by a competency based assessment process. The simplified coaching structure will provide certification to developed Coaches from grassroots to a high performance / International level.

We are hoping to make the best out of us in lockdown times and we look forward for everyone's support and especially from WAKO (IF), without their patronage our targets are impossible.

PRO- WAKO India

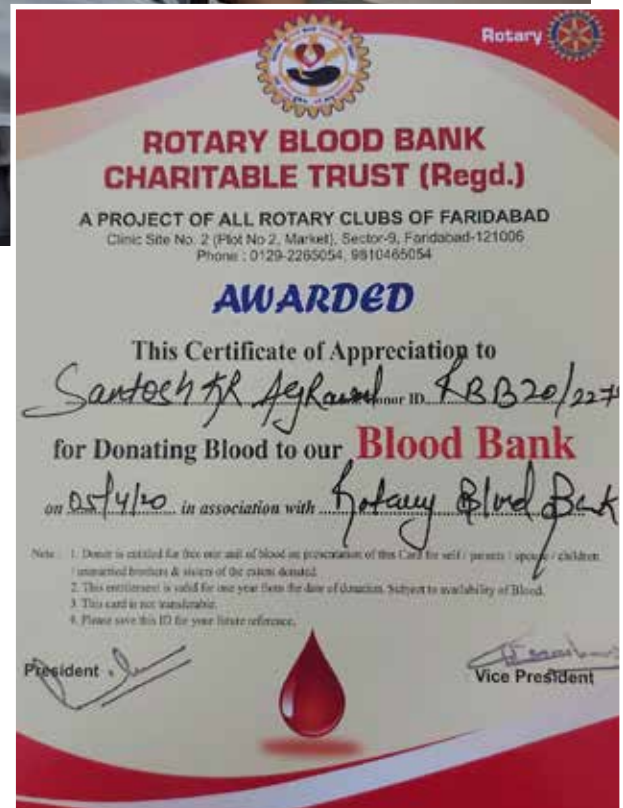




## BLOOD DONATE



During the covid -19 period Mr. Santosh K Agrawal in Faridabad, Haryana where he himself donated the blood and contributed to the society. This camp was especially organized for Thalassemic Patients.







## CONTRIBUTION

After the subsequent appeal made by the Secretary General 'Indian Olympic Association (IOA)' Mr. Rajeev Mehta to contribute towards humanity for this severity of Corona Virus.

WAKO India contributed Rs 1 Lac in the 'Prime Minister Cares Fund' towards the noble cause to fight against COVID-19 and help our Nation flourish in the best way.



1 April, 2020: The Indian Olympic Association is deeply grateful to its member National Sports Federations and State Olympic Associations and other federations/ bodies for extending their support and humble contributions towards the cause of our nation's fight against the COVID-19 pandemic.

In these challenging times, the coming together of our Olympic family to support the nation's need, once again reinforces our belief that we shall always come out stronger to serve sports and make the nation proud.

The donations made to the IOA will be transferred to the PM Cares Fund.

### Contributions made to IOA for PM Cares Fund.

#### NATIONAL SPORTS FEDERATIONS

1) Indian Golf Union (IGU)	Rs. 10,00,000/-
2) Table Tennis Federation of India (TTFI)	Rs. 5,00,000/-
3) Fencing Association of India (FAI)	Rs. 5,00,000/-
4) All India Tennis Association (AITA)	Rs. 2,50,000/-
5) Wushu Association of India (WAI)	Rs. 2,00,000/-
6) Handball Federation of India (HFI)	Rs. 1,50,000/-
7) Cycling Federation of India (CFI)	Rs. 1,00,000/-
8) Bowling Federation of India (BFI)	Rs. 1,00,000/-
9) Swimming Federation of India (SFI)	Rs. 51,000/-

#### STATE OLYMPIC ASSOCIATIONS

10) Uttar Pradesh Olympic Association (UPOA)	Rs. 1,01,000/-
11) Assam Olympic Association (AOA)	Rs. 1,00,000/-
12) Himachal Pradesh Olympic Association (HPOA)	Rs. 1,00,000/-
13) Madhya Pradesh Olympic Association (MPOA)	Rs. 51,000/-
14) Tripura State Olympic Association (TSOA)	Rs. 50,001/-
15) Gujarat State Olympic Association (GSOA)	Rs. 25,000/-

#### NON MEMBERS/ APPLIED FOR/ OTHERS

16) WAKO India Kickboxing Federation	Rs. 1,00,000/-
17) Maharashtra Fencing Association	Rs. 1,00,000/-
18) Himachal Pradesh Boxing Association	Rs. 51,000/-
19) Madhya Pradesh Handball Association	Rs. 25,000/-

Total donation made to IOA Rs. 35,54,001/-





II<sup>nd</sup>  
**WAKO  
INDIAN  
OPEN**  
**INTERNATIONAL**  
**KICKBOXING TOURNAMENT**  
ALL EVENTS-ALL CATEGORIES  
3<sup>rd</sup> - 7<sup>th</sup> FEBRUARY 2021  
NEW DELHI



**REDEFINING  
KICKBOXING  
SPORT IN INDIA**

**ONLINE REGISTRATION**  
[www.sportdata.org](http://www.sportdata.org)





**E-Mail:** [wakoindiainfo@gmail.com](mailto:wakoindiainfo@gmail.com) | **Website:** [www.wakoindia.org](http://www.wakoindia.org)





# TELANGANA E- GENERAL MEETING








**TELANGANA KICKBOXING ASSOCIATION**  
MEMBER: WAKO INDIA KICKBOXING FEDERATION  
WORLD ASSOCIATION OF KICKBOXING ORGANISATION(WAKO)IF

**1ST e GENERAL BODY MEETING OF  
TELANGANA KICKBOXING ASSOCIATION**

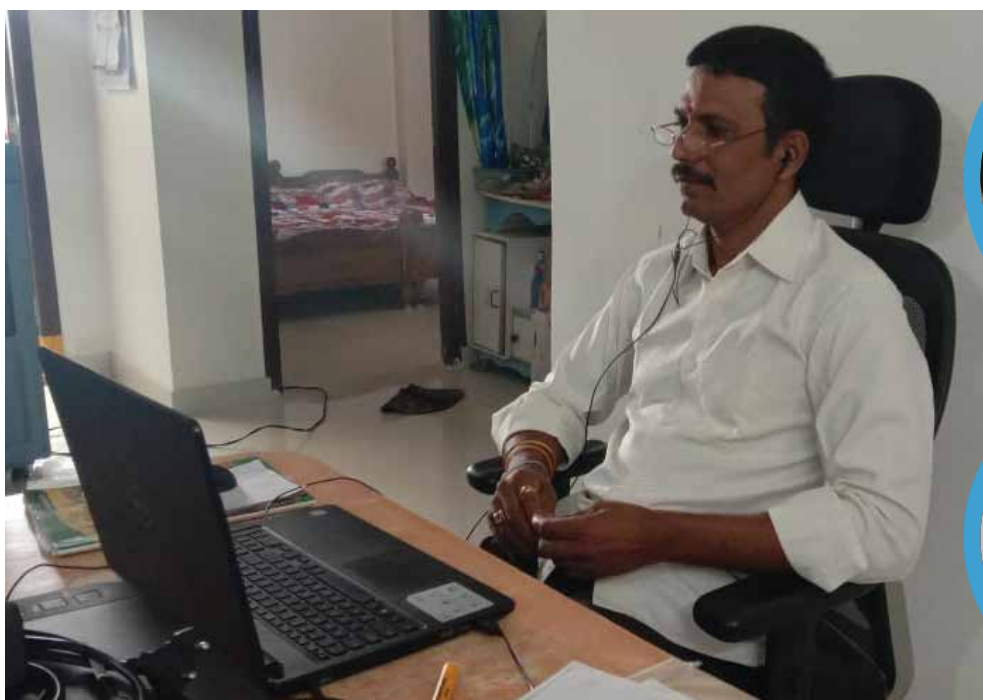
**DATE : 31-5-2020 (SUNDAY) 12-00 PM TO 1-00 PM**  
ATTEND THE MEETING WITHOUT FAIL BY **ONLINE**



**C. RAMANJANEYULU**  
PRESIDENT

**ONE WAKO ONE CHAMPION**

**M. MAHIPAL**  
GEN. SECRETARY





# KICKBOXING ASSOCIATION OF CHHATTISGARH MONTHLY ACTIVITY REPORT

APRIL 2020



Kick To Corona Campaign by Kickboxing Association Of Chhattisgarh, Awareness program for COVID-19 Corona Virus. In this campaign players showed their dedication and spirit by sharing their photos and hashtag with tagline #kicktocorona. This hashtag is now trending in social media with support and able leadership of **Mr. Tarkesh Mishra, Gen Sec KACG.**



Some Support was given by Kickboxing Association of Chhattisgarh and Chhattisgarh martial art and kickboxing academy on Lockdown. Members and Players distributed food to corona fighters and needy.








keep practicing kickboxing at your home .  
stay home, staysafe=kicktocorona

{[www.wako.chhattisgarh.com](http://www.wako.chhattisgarh.com)} & {[www.cmaa.in](http://www.cmaa.in)}







**WORKOUT AT HOME BY OUR KICKBOXERS**  
 Kickboxing association of Chhattisgarh start workout at home campaign for players to motivate them ,the main aim is aware them for sports and health.





International day of sport for peace and development ,Spread a strong message with a simple gesture! Raise today #WhiteCard Peace and Sport.



Virtual meeeting regards Kickboxing e-Tournament with all district representative of kickboxing association of chhattisgarh.



## KICKBOXING E-TOURNAMENT

Kickboxing e tournament organized by kickboxing association of chhattisgarh on 25th april 2020 ,358 kickboxers of 13 districts of chhattisgarh had participated in Kickboxing e tournament ,similarly 22 officials were engaged to conduct the e tournament ,the aim objective behind holding such tournament is to make the kickboxers remain in touch with the game and utilize their free time in practicing the game.

### 358 kick boxers take part in e-Tournament

By Sports Reporter

BADLI, Apr 27

AS MANY as 358 kick boxers from 13 districts of Chhattisgarh had participated in the Kickboxing e-tournament organized by Chhattisgarh Kickboxing Association on April 25.

Similarly, 22 officials were engaged to conduct the e-tournament which had with several participants in the e-tournament. The officials were engaged to conduct the e-tournament which had with several participants in the e-tournament. The officials were engaged to conduct the e-tournament which had with several participants in the e-tournament.



Kick boxers performing shadow as they participate in the e-Tournament of kickboxing.

being given e-certificates and medals, too. The officials helped making a big success in the e-tournament. The officials helped making a big success in the e-tournament. The officials helped making a big success in the e-tournament.

MAY 2020



### सॉफ्टवेयर से म्यूजिकल फार्म्स में किक बॉक्सर्स ने जीते गोल्ड

चरखे (संवादित प्रतिनिधि)।

होरी कोरवा में सोमवार को आयोजित राष्ट्रीय किक बॉक्सिंग ई-टूर्नामेंट का समापन हुआ। इस दौरान 370 खिलाड़ियों ने भाग लिया। इनमें से 17 खिलाड़ी गोल्ड मेडल जीते।



चरखे में आयोजित राष्ट्रीय किक बॉक्सिंग ई-टूर्नामेंट का समापन हुआ।

कोरवा, 19-05-2020, ई-टूर्नामेंट का समापन हुआ।

कोरवा, 19-05-2020, ई-टूर्नामेंट का समापन हुआ। इस दौरान 370 खिलाड़ियों ने भाग लिया। इनमें से 17 खिलाड़ी गोल्ड मेडल जीते।

कोरवा, 19-05-2020, ई-टूर्नामेंट का समापन हुआ।

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## WAKO INDIA NATIONAL KICKBOXING E TOURNAMENT

The tournament was organized in the musical forms by using germany sports software data ,tournament was organised in junior ,cadet and senior categories in which 370 players from 12 state had articipated in musical forms(soft and hard styles ), 17 players and 3 referee took part in the tournament ,and bagged 5 medals including 4 gold medals.





There was a virtual Interview organized by UPACA Sports Centre for Excellence which is based in Mount Abu, Rajasthan on 16th May. Mr. Santosh K Agrawal as a guest speaker answered on how one can cope up during the Lockdown with Kickboxing and how this sport is contributing towards individual's life.



**Guest - Santosh Kumar Agrawal**  
**President - WAKO India Kickboxing Federation**  
**Founder & Secretary General - Haryana Kickboxing Association (Regd)**  
**Member - WAKO Technical Committee**

 **Facebook Live @UPACASports**

***SPORTS DURING COVID - 19***  
***&***  
***SPORTS AFTER COVID-19***

**May 16- 6:00 pm**  
Zoom Meeting ID-97321844934  
Password - 431042



**Interviewer- Suvesh Sharma, Director**  
**Organizer-CA Neha Dhanuka, CEO**  
**UPACA Sports Centre of Excellence, Abu Road, Rajasthan**





# WAKO INDIA NATIONAL CADETS & JUNIORS KICKBOXING CHAMPIONSHIP-2020



**Santosh K. Agrawal**  
President  
Wako India Kickboxing Federation

## WAKO INDIA KICKBOXING FEDERATION

Member: World Association of Kickboxing Organizations WAKO (IF), Italy  
Recog.by: International World Games Association, AIMS, WADA, FAIRPLAY, FISU, OCA, CAISF  
(Under Patronage of International Olympic Committee (IOC))

**Date: 11<sup>th</sup> to 14<sup>th</sup> Jun, 2020**

**Venue: Chamundi Vihar Indoor Stadium, Nazarbad, Mysuru  
Karnataka. India**



**Ravi C**  
General Secretary  
Karnataka Kickboxing Association  
WAKO International Referee / Judge



**Organised by**  
**KARNATAKA KICKBOXING ASSOCIATION**  
**Mysuru, Karnataka India**  
**Mob:99722 34292 / 82776 39179**







**WAKO WORLD**  
**KICKBOXING CHAMPIONSHIPS**  
**FOR CHILDREN, CADETS AND JUNIORS**  
**SERBIA-BELGRADE 2020**  
**NOVEMBER 13-22**

Kick Light  
Low Kick  
Full Contact  
Light Contact  
Point Fighting  
K1 style  
Musical Forms

TOP TEAM  
Република Србија  
МИНИСТАРСТВО  
ОМЛАДИНЕ И  
СПОРТА  
SPORTBOX  
SSAB  
Europan  
adidas  
AISF  
FAIR PLAY  
WAKO  
THE WORLD GAMES  
PEACE AND SPORT



## WORLD ASSOCIATION OF KICKBOXING ORGANIZATIONS

To the Presidents of the Federations/Associations members of WAKO

Monza, May 27<sup>th</sup>, 2020

**RE: Information Circular**

Dear Presidents,

Firstly, once again let me send you all our thoughts and prayers in the situation with the Covid-19 outbreak where everyone is affected.

We strongly believe in international solidarity, we will overcome these difficult times and our thoughts are with those of you who have been directly affected by the Covid-19 at a personal and professional level.

It came recently to our attention that our members in some countries are suffering from pressure being made by dissident Kickboxing organizations.

I can assure you, you have my full support and cooperation, if you are being put under pressure by individuals from other Organizations within WAKO and more importantly outside WAKO, you will receive the support and protection of the WAKO Board, myself as President and of course the continental Confederations/Federations.

As you are already informed, many "new self-made sports" Martial Art/Kickboxing organizations and or associations are been seen to be establishing by different individual, which are a clear copy of the existing styles/disciplines which we represent in the sport of Kickboxing using different names to try and cover such activities. I would like to remind all of you that WAKO Statutes, rules and regulations provide that WAKO members shall not:

- a. be member of any other national or international kickboxing organization which include the Sport of Kickboxing as a discipline;
- b. have among its members persons who are part of other national or international Kickboxing organizations which include the Sport of Kickboxing as a discipline;
- c. permit or allow its affiliates to participate or officiate in any other national or international event(s) organized by kickboxing organizations which include the Sport of Kickboxing as a discipline.

WAKO members are not allowed to participate in any other national or international dissident Kickboxing organizations at World or Continental and national level. All WAKO events, World Championships, Continental Championships, are reserved to WAKO's IF fully accredited members only.

National Federations/Associations members of WAKO are not allowed to have among their members and in their national teams the fighters who are current members of any dissident Kickboxing organizations and are participating in other various championships/ events/ tournaments under the sanctioning of other dissident Kickboxing Federations/organizations other than WAKO. I ask all of us to respect and apply our rules nationally and internationally.

The WAKO Board's decision and WAKO rules and regulations are very clear and any WAKO member's failure to respect the above-mentioned applied rules will face the serious sanction as defined by WAKO statutes.

You are hereby requested to inform your members and concerned national sport authorities and Olympic Committee immediately of the content of the present Information Circular to bring clarity and clear support to you our National Federations and the respective presidents.

I hope that this clarifies WAKO and its Continental Confederations/Federations' positions.

Best regards,

Roy Baker  
WAKO President

CC: Presidents of the WAKO Continental Confederations/Federations

WAKO HQ: Via Alessandro Manzoni, 18 - 20900 Monza (MB) Italy  
E-mail: [administration@wako.sport](mailto:administration@wako.sport) - Tel. +39 3450135521 - Fax +39 039 2328901 - Web: <http://www.wako.sport>







## WORLD ASSOCIATION OF KICKBOXING ORGANIZATIONS

**To the kind attention of:**

**All WAKO National Federations' Presidents**

**BY E-MAIL**

Monza, May 15<sup>th</sup>, 2020

**RE: Age bracket for Children, Cadets and Juniors WAKO World Championship 2020**

Dear Presidents,

By the present, following the last WAKO (IF) Board of Directors meeting held by video-conference on April 25<sup>th</sup>, I would like to inform you that due to force majeure for the current covid-19 situation it was agreed unanimously that for participation to the next WAKO World Championship for Children, Cadets and Juniors in Belgrade, Serbia, which has been postponed from 13<sup>th</sup> to 22<sup>nd</sup> November 2020, it will be considered the 1<sup>st</sup> date of the Championship as it was originally scheduled in August, meaning Friday **August 21<sup>st</sup>**, as reference date to allow athletes to compete in the age bracket as set out at the beginning of the year prior to Cv 19, this is a one off exceptional circumstance as per and according to the WAKO rules.

Best regards,

Roy Baker  
WAKO President

WAKO HQ: Via Alessandro Manzoni, 18 - 20900 Monza (MB) Italy  
E-mail: [administration@wako.sport](mailto:administration@wako.sport) - Tel. +39 3450135521 - Fax +39 039 2328901 - Web: <http://www.wako.sport>





*Thank You*



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Email: [wakoindiainfo@gmail.com](mailto:wakoindiainfo@gmail.com)  
Website: [www.wakoindia.org](http://www.wakoindia.org)