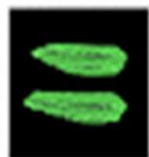


WE INVITE ALL NATIONAL FEDERATIONS PRESIDENTS AND/OR YOUR FEDERATIONS ANTI-DOPING RESPONSIBLE TO ATTEND A 30 MINUTES WAKO ANTI-DOPING MEETING

SPEAKERS ARE WAKO MEDICAL COMMITTEE, DR. DANIELE AND DR. GÖZÜBÜYÜK



**WORLD
ANTI-DOPING
AGENCY**

play true

Continental Webinars

PRESENTATION OF ANTI DOPING EDUCATION PLAN

SATURDAY 18TH JULY

MEETING NR 1 (EUROPE, AFRICA, TURKEY, MIDDLE EAST): 3 PM CET TIME

ZONE 2 (PANAMERICA): 3 PM EST TIME (NEW YORK TIME)

ZONE 3 (AUSTRALIA, SOUTH EAST ASIA): 3 PM GMT+10 (MELBOURNE TIME)



DR GIANLORENZO DANIELE

WAKO ANTIDOPING OFFICER

EDUCATION: CONCEPTS AND DEFINITIONS

WHY EDUCATION?



Education is the Key to PREVENTION. A key principle of the International Standard for Education is that an Athlete's first experience with anti-doping should be through Education rather than Doping Control.

WAKO IF is recognized by IOC and a full signatory of WADA World Antidoping Code.

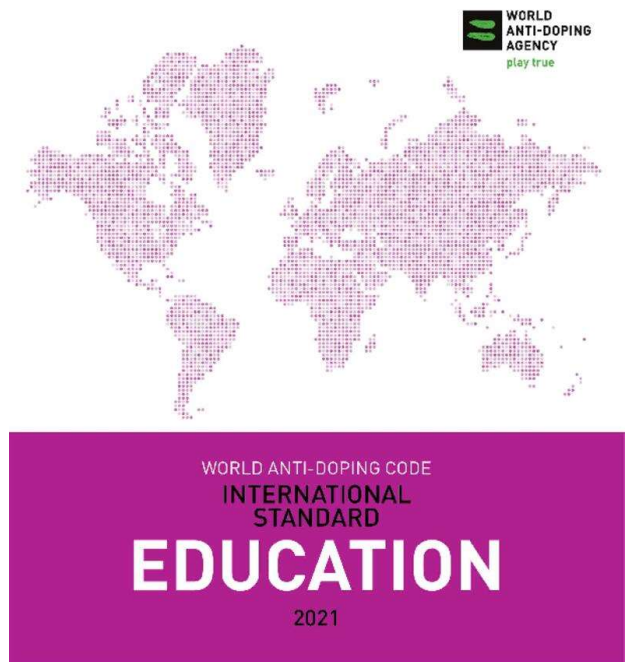


Article 18.1, 2021 World Anti-Doping Code

*“Education programs are central to ensure harmonized, coordinated and effective anti-doping programs at the **international** and **national** level. They are intended to preserve **the spirit of sport** and the protection of Athletes' health and right to compete on a doping free level playing field as described in the Introduction to the Code.”*

“All Signatories shall, within their scope of responsibility and in cooperation with each other, plan, implement, monitor, evaluate and promote education programs in line with the requirements set out in the International Standard for Education”.

2021 World Anti-Doping Code and International Standards



Article 20.3

Roles and responsibilities of International Federations

...

...



20.3.13 *To plan, implement, evaluate and promote **anti-doping Education** in line with the requirements of the International Standard for Education, including requiring National Federations to conduct anti-doping Education in coordination with the applicable National Anti-Doping Organization*

PLANNING



Developing an Education plan

Assessing current situation

Establishing an Education pool:

***- Athletes, coaches, trainers, sport physicians
and other healthcare personnel***

Monitoring

Evaluation

TO BE COVERED

Athletes', Athlete Support Personnel's and other groups' rights and responsibilities under the Code,

- *The principle of Strict Liability,*
- *Consequences of doping, for example, physical and mental health, social and economic effects, and sanctions,*
- *Anti-doping rule violations,*
- *Substances and Methods on the Prohibited List,*
- *Risks of supplement use,*
- *Use of medications and Therapeutic Use Exemptions,*
- *Testing procedures, including urine, blood and the Athlete Biological Passport,*
- *Requirements of the Registered Testing Pool, including whereabouts and the use of ADAMS,*
- *Speaking up to share concerns about doping*

WAKO ANTIDOPING EDUCATION PLAN



WAKO ANTIDOPING EDUCATION PLAN

***Aimed at providing Education using several
resources***

It covers 4 years (including 2020)

Digital resources

Seminars/Webinars

Event-based Education



WADA PLAY TRUE QUIZ

Simple game: knowledge test

Available on WADA website in 45 languages

Youth version available in 36 languages

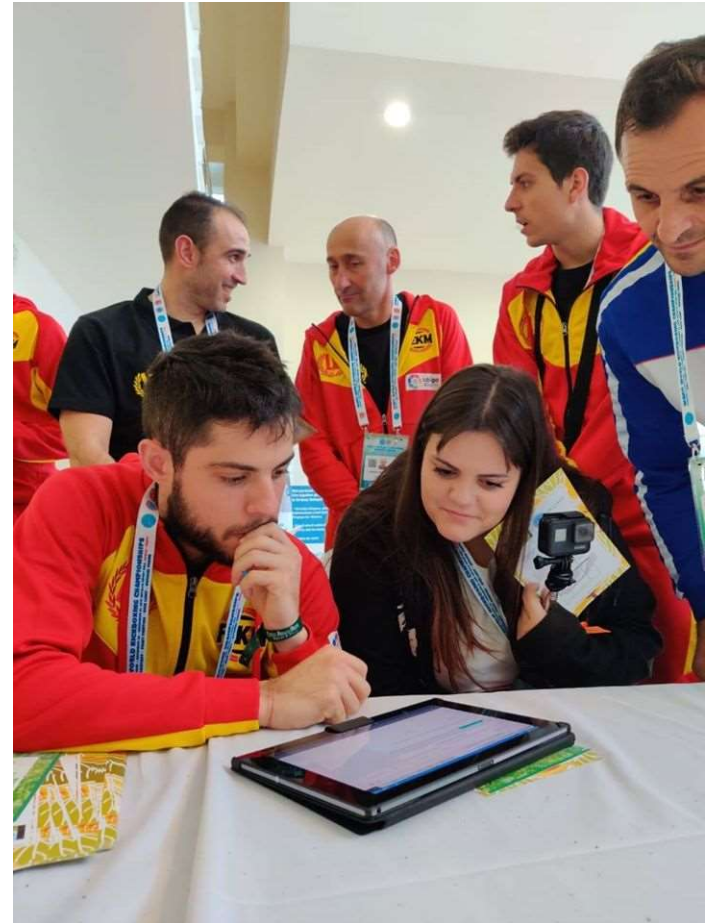


WADA PLAY TRUE QUIZ

***NOT a part of WAKO
Educational plan (completion
cannot be monitored)***

***Still an useful tool during
informal meetings***

***It can be part of other
programs or resources
(informative desks)***



WADA ADeL

[FAQ](#) [Other ADO resources](#)

 **WORLD
ANTI-DOPING
AGENCY**



WELCOME TO



The anti-doping e-learning platform (ADeL) offers access to all topics related to clean sport and anti-doping. It offers courses for athletes, coaches, doctors, administrators and anyone interested in learning more about anti-doping and protecting the values of clean sport.

WADA ADeL

Courses for:

Athletes (ALPHA**): Athlete Learning Program about Health and Anti-Doping (ALPHA)**

Coaches and trainers

Sports Doctors and Medical Professionals

ADOs

Parents

University Students (future professionals)



Completion of courses will be mandatory over the next years for a progressively broader pool of athletes, accredited coaches and support personnel (team physicians etc.etc.), in order to participate to events

Completion of courses is MONITORED (an account must be created)

TIMELINE



2020: Alpha course mandatory for RTP athletes and athletes returning from disqualification

2021 Mandatory for World and Continental Championships

2022 IWG and World Series



2023 All international level athletes (as per definition in WAKO website)

ATHLETE CORNER APP



ATHLETE CORNER APP

The Athlete Corner App is a digital resource on the model of the physical «athlete corners» created once a year at last World Championships

Contains several modules to be signed off

- Injury prevention***
- Weight reduction***
- IOC Athlete 365 (Athlete Career Program)***
- Athlete Committee***
- Coach Committee***
- Women Committee***
- AntiDoping and Anti-Manipulation***
(20 questions)



The Athlete Corner App is under development at the moment and, once ready, it will be used for all the events registered in Sportdata

Intended to use for all athletes and coaches

TIMELINE: 2020 pilot test

2021 mandatory (same version)

2022 mandatory (new 2022 version)

2023 mandatory (new version)

EVENT BASED EDUCATION

Seminars/lectures/webinars



Seminars/webinars/lectures

**We recommend involvement of NADOs
and your Medical Boards members**

**TIMELINE: 2020 Mandatory for NF who registered
at least a positive Doping case in the last 3 years**

2021 World and Continental Championships

2022 World and Continental Championships

2023 Mandatory once a year for all NF

INFORMATIVE DESKS



INFORMATIVE DESKS

Materials like brochures and booklets can be downloaded for free from WADA website

The presence of electronic items like tablets would allow to play with online resources

TIMELINE



2021: Mandatory at World and Continental Championships

2022 Mandatory at World Series

2023 Mandatory at all National Championships

Every activity must be reported, especially seminars and lectures

Where

When

How long

Who was the speaker

Topic

Attendance (who, which group)

Photographic documentation required

