



#अबइंडियाखेलेगाकिकबॉक्सिंग



# KHELO INDIA ASMITA KICKBOXING ZONAL LEAGUE - 2025-26 (SOUTH ZONE)

ANDHRA PRADESH | ODISHA | KARNATAKA | KERALA | TAMILNADU  
PUDUCHERRY | ANDAMAN & NICOBAR | LAKSHADWEEP

DATE - 05-08 MARCH 2026

VENUE: KORAMANGALA INDOOR STADIUM,  
BANGALORE, KARNATAKA



Khelo India Asmita Women's Kickboxing League: A New Era of Women Empowerment Through Sports Kickboxing in India has entered a historic phase with its inclusion in the prestigious Khelo India Asmita Program, a flagship initiative of the Ministry of Youth Affairs and Sports, Government of India, aimed at promoting women's participation in sports and strengthening grassroots development across the nation.

Under this visionary program, the WAKO India Kickboxing Federation has been officially authorized to conduct the Asmita Khelo India Women's Kickboxing League, which will span 32 States and Union Territories, covering 150 cities, and structured across four zones – West, North, South, and East. This nationwide initiative is expected to connect more than 30,000 women athletes, making it one of the largest women-centric combat sports programs in India.

The journey continued with the Khelo India Asmita Women's Kickboxing South Zone League, scheduled to be held in Koramangala Indoor Stadium, Bangalore, Karnataka, from 5<sup>th</sup> to 8<sup>th</sup> March 2026. This landmark event will feature talented women athletes from the western region competing across the cadet, junior, and senior categories.

Speaking on this historic occasion, Mr. Santosh Kumar Agrawal, President, WAKO India Kickboxing Federation, stated that kickboxing has now become an integral part of the esteemed "Khelo India Asmita Program", reflecting the growing recognition of the sport at the national level.

"This is a great initiative by the Ministry of Youth Affairs and Sports, Government of India, towards the development of women's empowerment. Through kickboxing, women not only gain competitive opportunities but also develop self-confidence, discipline, physical fitness, and self-defence skills," he said.

City Leagues, Zonal Leagues & All India Inter-Zonal League

The Asmita Khelo India Women's Kickboxing League follows a well-defined competitive pathway:

City Leagues will be conducted across 150 cities in 32 States/UTs

Qualified athletes will advance to Zonal Leagues (West, North, South & East)

Top performers from zonal competitions will earn qualification for the All India Inter-Zonal Asmita Kickboxing League 2025–26  
Athletes qualifying for the All India Inter-Zonal League will also receive the benefit of cash awards provided by the Sports Authority of India (SAI), further motivating women athletes to pursue excellence in sports.

Empowering Women, Strengthening the Nation:

This mega initiative aims to harness India's vast sporting talent, inspire young women, and provide them with structured competition, professional exposure, and high-quality infrastructure. The league offers a powerful platform for women athletes to showcase their skills at the highest level and contributes significantly to the growth of kickboxing in India.

The Khelo India program envisions nurturing talent from the grassroots, training athletes with world-class facilities, and enabling them to bring laurels to the nation on international platforms. The introduction of kickboxing under the Asmita vertical marks a significant milestone in expanding opportunities for women in combat sports.

A Collective Effort Towards Sporting Excellence:

The successful inclusion of kickboxing in the Khelo India program is the result of the collective efforts of the Ministry of Youth Affairs and Sports, Sports Authority of India (SAI), and the WAKO India Kickboxing Federation.

WAKO India expressed gratitude to the Hon'ble Prime Minister Shri Narendra Modi Ji, Hon'ble Union Minister of Youth Affairs and Sports Shri Mansukh Mandaviya Ji, and Hon'ble Minister of State Smt. Raksha Khadse Ji for their constant encouragement and support towards the development of kickboxing and women's sports in India.

Marching Forward Together:

Together, with determination, unity, and the true spirit of sportsmanship, India is embracing a new chapter in women's sports. The Asmita Khelo India Women's Kickboxing League is not just a competition—it is a movement empowering women, strengthening self-belief, and shaping future champions.

This unique initiative is a great opportunity for women to: Compete at the national level

Learn self-defence

Build confidence and leadership

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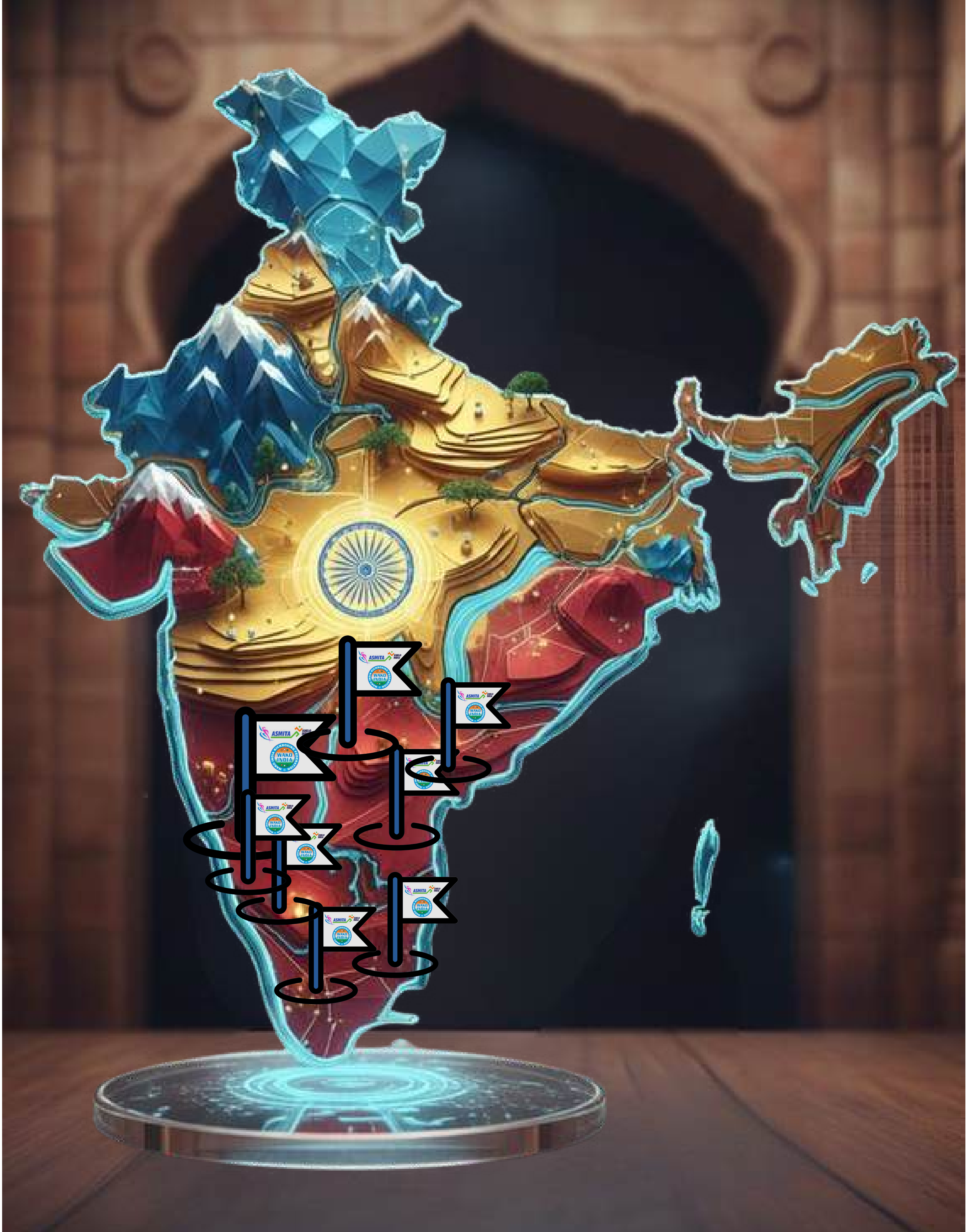
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A Historic Celebration of Women's Kickboxing Excellence in Bangalore!  
The Khelo India ASMITA Kickboxing Zonal League 2025-26 (South Zone) was successfully organized by the Karnataka Kickboxing Sports Association from 5th to 8th March 2026, under the esteemed guidance of the WAKO India Kickboxing Federation, at Koramangala Indoor Stadium, Bangalore, Karnataka. The League stood as a landmark event in Indian kickboxing, reflecting discipline, unity, and the rising power of women athletes in combat sports.



All participating teams arrived in Bangalore on 5<sup>th</sup> March 2026. Registration was conducted smoothly through the SportsData electronic system, followed by body weighing, medical examinations, and document verification. The well-organized process ensured fairness, transparency, and athlete safety from the very first day.



The Opening Ceremony marked a proud and vibrant beginning of the League and was graced by distinguished dignitaries:

Shri. Udayachandra Suvarna, Chairman, Suvarna group of Industries.

Shri Santosh Kumar Agrawal, President, WAKO India Kickboxing Federation.

Shri. Hari Haran, High Performance Manager, SAI Bangalore Regional Centre.

Shri. Pradeep Kumar, Section officer, SAI Bangalore regional Centre.

Shri. Sathyajith Surathkal, President, Karnataka Kickboxing Sports Association.

Smt. Pooja Harsha, General Secretary, Karnataka Kickboxing Sports Association.

The ceremony commenced with the lighting of the ceremonial lamp, symbolizing unity, energy, and the sporting spirit. This was followed by a March-Past by all participating teams, proudly representing their states. A vibrant cultural program added colour and enthusiasm to the event, making it a memorable celebration of Indian sports culture.

The dignitaries delivered motivational addresses, inspiring young athletes to pursue excellence with discipline and integrity. Each guest was felicitated with a memento as a token of appreciation. The opening day truly set the tone for an exciting and inspiring League.









The League witnessed electrifying action across one ring and three tatami areas, providing a world-class competitive environment.

Participating States: Andhra Pradesh, Odisha, Karnataka, Kerala, Tamilnadu, Puducherry, Andaman & Nicobar, Lakshadweep

8 WAKO India affiliated states and Union Territories

Total Entries of Women Athletes: 307

Coaches: 15

Referees: 23

Officials: 10

The overwhelming participation showcased the growing popularity of women's kickboxing across the country. The athletes demonstrated exceptional skill, discipline, and fighting spirit, bringing immense pride to their teams and supporters.











The Closing Ceremony was graced by eminent dignitaries:

Chief Guest Shri. C.N Ashwath Narayana. Ex. Deputy Chief Minister, Karnataka.

Shri Santosh Kumar Agrawal, President, WAKO India Kickboxing Federation.

Shri Gopinath Reddy, MLC Karnataka.

Shri. Suresh Babu, Treasurer, WAKO India Kickboxing Federation.





The ceremony featured spectacular Musical and Creative Forms of Kickboxing, performed by National and International level athletes, captivating the audience. The final Point Fight kept spectators on the edge of their seats, showcasing elite technique and teamwork.

The entire League—from registration to results—was conducted using the SportsData Electronic Scoring System, ensuring transparency and efficiency. The event was live-streamed on the official YouTube channel of WAKO India, expanding its reach nationwide.

Importantly, the tournament concluded with no protests, no disputes, no complaints, and no serious injuries, reflecting exemplary organization and discipline.

Overall Medal Tally:

🏆 Overall Champions – Karnataka

🥇 Gold: 19

🥈 Silver: 14

🥉 Bronze: 22

🥈 Second Place – Tamil Nadu

🥇 Gold: 15

🥈 Silver: 14

🥉 Bronze: 13

🥉 Third Place – Kerala

🥇 Gold: 8

🥈 Silver: 8

🥉 Bronze: 24



Shri. Santosh Kumar Agrawal, President, WAKO India Kickboxing Federation, stated:

“We have successfully concluded the Khelo India South Zone ASMITA Kickboxing League in Bengalore, Karnataka.

This tournament is a proud milestone—injury-free, controversy-free, and complaint-free, reflecting our strong commitment and alignment across all stakeholders.

We have truly ushered in a new era of Kickboxing in India, with athletes receiving cash awards under the Sports Authority of India, a historic first for our sport.”

Further he also said that the Gold, Silver, and two Bronze medalists from this league will receive direct qualification for the National League, scheduled from 26 to 29 March 2026 in Chennai.

A milestone event empowering women, strengthening grassroots sports, and shaping the future of Kickboxing Sports in India.

He extended heartfelt appreciation to Organizers Shri. Sathyajith Surathkal, President, Karnataka Kickboxing Sports Association, Mrs. Pooja Harsha, General Secretary, Karnataka Kickboxing Sports Association, Kickboxing Team, Zone officials, referees, coaches, athletes, medical teams, and media partners for their tireless efforts.



Felicitation ceremonies honoured officials, referees, and organizing committee members for their invaluable contributions. Special thanks were conveyed to the print and electronic media, medical teams, and volunteers who ensured the smooth execution of the four-day mega event. The League concluded on a proud and emotional note with everyone standing in respect during the National Anthem of India, marking a memorable end to a historic sporting celebration.



## ಬಾಕ್ಸಿಂಗ್ ಸ್ಪರ್ಧೆ: ವಿದ್ಯಾರ್ಥಿಗಳ ಸಾಧನೆ



ಭಟ್ಟಳ: ಬೆಂಗಳೂರಿನ ಕೋರಮಂಗಲದಲ್ಲಿ ಮಾರ್ಚ್ 5ರಿಂದ 8ರ ವರೆಗೆ ನಡೆದ ಖೇಲೋ ಇಂಡಿಯಾ ಅಸ್ಮಿತಾ ಕಿಕ್ ಬಾಕ್ಸಿಂಗ್ ಸ್ಪರ್ಧೆಯಲ್ಲಿ ಭಟ್ಟಳ ನಾಗಶ್ರೀ ಮಾರ್ಷಲ್ ಆರ್ಟ್ಸ್ ವಿದ್ಯಾರ್ಥಿಗಳು ಉತ್ತಮ ಸಾಧನೆ ಮಾಡಿ ಪದಕ ಪಡೆದುಕೊಂಡಿದ್ದಾರೆ.

ಜೂನಿಯರ್ ವಿಭಾಗದ -45ಕೆಜಿ ಪಾಯಿಂಟ್ ಫೈಟ್ ನಲ್ಲಿ ಲಿಖಿತಾ ಶಂಕರ ನಾಯ್ಕ ಚಿನ್ನದ ಪದಕ, ಸೀನಿಯರ್ ವಿಭಾಗದ -45 ಕೆಜಿ ಪಾಯಿಂಟ್ ಫೈಟ್ ನಲ್ಲಿ ಅಖೀಲಾ ಚಂದ್ರಕಾಂತ್ ನಾಯಕ ಬೆಳ್ಳಿಯ ಪದಕ, ಸಬ್ ಜೂನಿಯರ್ ವಿಭಾಗದ -37ಕೆಜಿ ಲೈಟ್ ಕಾಂಟ್ಯಾಕ್ಟ್ ನಲ್ಲಿ ಸಮೀಕ್ಷಾ ಮಾಸ್ತಿ ಗೊಂಡ ಕಂಚಿನ ಪದಕ, ಜೂನಿಯರ್ ವಿಭಾಗದ -42ಕೆಜಿ ಲೈಟ್ ಕಾಂಟ್ಯಾಕ್ಟ್ ನಲ್ಲಿ ಮನಾಲಿ ರಾಜು ನಾಯ್ಕ ಕಂಚಿನ ಪದಕ ಹಾಗೂ ಸಬ್ ಜೂನಿಯರ್ ವಿಭಾಗದ -42ಕೆಜಿ ಪಾಯಿಂಟ್ ಫೈಟ್ ನಲ್ಲಿ ಆಶಿತಾ ಉದಯ ನಾಯ್ಕ 5ನೇ ಸ್ಥಾನವನ್ನು ಪಡೆದುಕೊಂಡಿದ್ದಾರೆ.

ಚಿನ್ನದ ಪದಕ ಪಡೆದ ವಿಜೇತರಿಗೆ ₹8 ಸಾವಿರ ಮತ್ತು ಬೆಳ್ಳಿಯ ಪದಕ ಪಡೆದ ವಿಜೇತರಿಗೆ ₹6 ಸಾವಿರ ಹಾಗೂ ಕಂಚಿನ ಪದಕ ಪಡೆದ ವಿಜೇತರಿಗೆ ₹4 ಸಾವಿರ ನಗದು ಬಹುಮಾನಗಳನ್ನು ನೀಡಲಾಯಿತು. ಪದಕ ಪಡೆದ ವಿಜೇತ ಮಹಿಳಾ ಕ್ರೀಡಾಪಟುಗಳು ಚೆನ್ನೈನಲ್ಲಿ ನಡೆಯುವ ರಾಷ್ಟ್ರೀಯ ಕಿಕ್ ಬಾಕ್ಸಿಂಗ್ ಲೀಗ್ಗೆ ಅರ್ಹತೆ ಪಡೆದುಕೊಂಡಿದ್ದಾರೆ.

ನಾಗಶ್ರೀ ನಾಯ್ಕ ಈ ಸ್ಪರ್ಧೆಯಲ್ಲಿ ರೆಫರಿಯಾಗಿ ಕಾರ್ಯನಿರ್ವಹಿಸಿದರು.

## ಉದಯಕಾಲ

### ಕಿಕ್ ಬಾಕ್ಸಿಂಗ್ ಸ್ಪರ್ಧೆ: ಭಟ್ಟಳ ಕ್ರೀಡಾಪಟುಗಳ ಅತ್ಯುತ್ತಮ ಸಾಧನೆ



ಉದಯಕಾಲ ನ್ಯೂಸ್

ಭಟ್ಟಳ: ಮಾರ್ಚ್ 5ರಿಂದ 8ರ ತನಕ ಖೇಲೋ ಇಂಡಿಯಾ ಅಸ್ಮಿತಾ ದಕ್ಷಿಣ ವಲಯ ಕಿಕ್ ಬಾಕ್ಸಿಂಗ್ ಸ್ಪರ್ಧೆಯು ಬೆಂಗಳೂರಿನ ಕೋರಮಂಗಲ ಒಳಾಂಗಣ ಕ್ರೀಡಾಂಗಣದಲ್ಲಿ ಮುಕ್ತಾಯಗೊಂಡಿತು.



ಈ ಸ್ಪರ್ಧೆಯಲ್ಲಿ ದಕ್ಷಿಣ ರಾಜ್ಯದ ಕಿಕ್ ಬಾಕ್ಸಿಂಗ್ ತರಬೇತಿದಾರರು, ಓಡಿಎ, ಪಾಂಡಿಚೇರಿ, ಅಂಡಮಾನ್ ನಿಕೋಬಾರ್ ಲಕ್ಷ ದ್ವೀಪ, ಆಂಧ್ರಪ್ರದೇಶ ಮತ್ತು ಕರ್ನಾಟಕದ ಉನ್ನತ ಮಹಿಳಾ ಕಿಕ್ ಬಾಕ್ಸರ್‌ಗಳು ಭಾಗವಹಿಸಿ, ತಮ್ಮ ಕೌಶಲ್ಯ ಮತ್ತು ದೃಢಸಂಕಲ್ಪ ಪ್ರದರ್ಶಿಸಿದರು.

ಕೇಂದ್ರ ಸರ್ಕಾರದ ಆಡಿಯಲ್ಲಿ ಒಂದು ಖೇಲೋ ಇಂಡಿಯಾ ಅಸ್ಮಿತಾ ಹೆಸರಿನಲ್ಲಿ ಮಹಿಳಾ ಕ್ರೀಡೆಗಳನ್ನು ಉತ್ತೇಜಿಸುವುದು ಮತ್ತು ಮಹಿಳಾ ಕ್ರೀಡಾಪಟುಗಳನ್ನು ಸುಲೀಕರಣಗೊಳಿಸುವುದು, ಯುವ ಪ್ರತಿಭೆಗಳು ಮಿಂಚಲು ವೇದಿಕೆಯನ್ನು ಒದಗಿಸುವುದು ಈ ಪಂದ್ಯಾವಳಿಯ ಗುರಿಯಾಗಿದೆ. ಚಿನ್ನದ ಪದಕ ಪಡೆದ ವಿಜೇತರಿಗೆ 8000 ರೂ ಮತ್ತು ಬೆಳ್ಳಿಯ ಪದಕ ಪಡೆದ ವಿಜೇತರಿಗೆ 6000 ರೂ ಹಾಗೂ ಕಂಚಿನ ಪದಕ ಪಡೆದ ವಿಜೇತರಿಗೆ 4000 ರೂ ನಗದು ಬಹುಮಾನ ನೀಡಲಾಯಿತು. ಪದಕ ಪಡೆದ ವಿಜೇತ ಮಹಿಳಾ ಕ್ರೀಡಾಪಟುಗಳು ಚೆನ್ನೈನಲ್ಲಿ ನಡೆಯುವ ರಾಷ್ಟ್ರೀಯ ಕಿಕ್ ಬಾಕ್ಸಿಂಗ್ ಲೀಗ್ಗೆ ಅರ್ಹತೆ ಪಡೆದುಕೊಂಡಿದ್ದಾರೆ.

ಈ ಸ್ಪರ್ಧೆಯಲ್ಲಿ ಉತ್ತರ ಕನ್ನಡ ಜಿಲ್ಲಾ ಕಿಕ್ ಬಾಕ್ಸಿಂಗ್ ಸ್ಪೋರ್ಟ್ ಅಸೋಸಿಯೇಷನ್ ಪ್ಲಾ ನೆ ಭಟ್ಟಳ ತಾಲೂಕಿನ ನಾಗಶ್ರೀ ಮಾರ್ಷಲ್ ಆರ್ಟ್ಸ್ ನ ಮಹಿಳಾಪಟುಗಳು ಭಾಗವಹಿಸಿ ಚಿನ್ನ - ಬೆಳ್ಳಿ ಹಾಗೂ ಕಂಚಿನ ಪದಕ ಪಡೆದುಕೊಂಡಿದ್ದಾರೆ.

ಲಿಖಿತಾ ಶಂಕರ ನಾಯ್ಕ: ಜೂನಿಯರ್ ವಿಭಾಗದ -45 ಕೆಜಿ ಪಾಯಿಂಟ್ ಫೈಟ್ ನಲ್ಲಿ ಚಿನ್ನದ ಪದಕ.

ಅಖೀಲಾ ಚಂದ್ರಕಾಂತ್ ನಾಯ್ಕ: ಸಬ್ ಜೂನಿಯರ್ ವಿಭಾಗದ -45 ಕೆಜಿ ಪಾಯಿಂಟ್ ಫೈಟ್ ನಲ್ಲಿ ಬೆಳ್ಳಿಯ ಪದಕ.

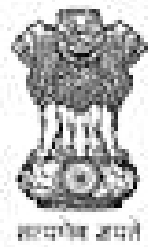
ಸಮೀಕ್ಷಾ ಮಾಸ್ತಿ ಗೊಂಡ: ಸಬ್ ಜೂನಿಯರ್ ವಿಭಾಗದ -37 ಕೆಜಿ ಲೈಟ್ ಕಾಂಟ್ಯಾಕ್ಟ್ ನಲ್ಲಿ ಕಂಚಿನ ಪದಕ.

ಮನಾಲಿ ರಾಜು ನಾಯ್ಕ: ಜೂನಿಯರ್ ವಿಭಾಗದ -42 ಕೆಜಿ ಲೈಟ್ ಕಾಂಟ್ಯಾಕ್ಟ್ ನಲ್ಲಿ ಕಂಚಿನ ಪದಕ.

ಆಶಿತಾ ಉದಯ ನಾಯ್ಕ: ಸಬ್ ಜೂನಿಯರ್ ವಿಭಾಗದ -42 ಕೆಜಿ ಪಾಯಿಂಟ್ ಫೈಟ್ ನಲ್ಲಿ 5ನೇ ಸ್ಥಾನ. ಅಲ್ಲದೆ ತಂದೆವು ಪಾಯಿಂಟ್ ಫೈಟ್ ಟೀಮ್ ವಿಭಾಗದಲ್ಲಿ ದ್ವಿತೀಯ. ನಾಗಶ್ರೀ ನಾಯ್ಕ ಈ ಸ್ಪರ್ಧೆಯಲ್ಲಿ ರೆಫರಿಯಾಗಿ ಕಾರ್ಯನಿರ್ವಹಿಸಿದರು.

ಸಾಧನೆ ಮಾಡಿದ ಕ್ರೀಡಾಪಟುಗಳನ್ನು ಉತ್ತರ ಕನ್ನಡ ಜಿಲ್ಲಾ ಕಿಕ್ ಬಾಕ್ಸಿಂಗ್ ಸ್ಪೋರ್ಟ್ ಅಸೋಸಿಯೇಷನ್ ಅಧ್ಯಕ್ಷ ಈಶ್ವರ ನಾಯ್ಕ, ತರಬೇತಿದಾರ ನಾಗಶ್ರೀ ಿ ನಾಯ್ಕ, ಕಾನೂನು ಸಲಹೆಗಾರ ಮನೋಜ್ ನಾಯ್ಕ, ಉಮೇಶ್ ಮೋಗೇಶ್ ಹಾಗೂ ಪದಾಧಿಕಾರಿಗಳು ಆಭಿನಂದಿಸಿದ್ದಾರೆ.

# Thank You



युवा कार्यक्रम और खेल मंत्रालय  
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Play fair

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